Thank you for believing in our vision with us.

Thank you for desiring it sufficiently.

Thank you for creating it.
By believing passionately in something that still does not exist, we create it. The nonexistent is whatever we have not sufficiently desired.”

—NIKOS KAZANTZAKIS
As we take this opportunity to share with you our work from the past year and to reflect upon what lies ahead, one word in particular comes to mind: Crossroads.

Where we have come from, where we will go next—it has far-reaching consequences.

The accomplishments you’ll read about throughout these pages represent more than mile markers on our journey. They are firsts—game-changing, ground-breaking achievements that have brought us to a moment in time in which our vision of a world without sexual assault, domestic violence and child abuse has never been closer, in which we are creating true transformation in the way we define healing and respond to survivors.

This isn’t to say that much work doesn’t lie ahead. It does. We know this because one of the many things we are deeply committed to doing at Joyful Heart is shining a bright light into the darkness surrounding the issues of sexual assault, domestic violence and child abuse. And one thing that happens when you turn on the light is that you see more clearly what you’re up against.

We’re up against the reality that violence and abuse are far too prevalent. One in three women report being physically or sexually abused by a husband or boyfriend at some point in her lifetime. Every two minutes in the United States, someone is sexually assaulted, and every twelve seconds a woman is battered. More than five children die each day in this country as a result of child abuse and neglect. And 15 million children witness violence in their homes each year.

We’re up against the victim-blaming attitudes that seem to permeate almost every corner of our society—that victims somehow “ask for it.” That because a survivor of domestic violence didn’t leave her abusive partner, she wasn’t doing everything she knew how to do to be safe. Or that because a survivor didn’t fight, or run away, or tell anyone, it was somehow her fault.

We’re up against the shame, stigma, isolation and fear that violence leaves in its wake, time and time again.

But another thing the light does is that it illuminates the path that lies ahead. Reflecting upon a year marked by the launch of NO MORE, our nation’s first unifying movement to end domestic violence and sexual assault; by the formation of our National Advisory Committee, a group of experts changing how we respond to survivors and help them heal; by millions of dollars dedicated to ending the rape kit backlog, what we see ahead of us is hope, change and new beginnings.

It’s a crossroads.

Changing the statistics, redefining the steps along the healing journey, ending the violence—these aren’t just aspirations or far-off possibilities. This work is urgently needed. And this is what we are achieving—right here and now. It’s what you make possible. You stand with us at this crossroads. You believe—passionately, relentlessly, unequivocally—in what we are doing and the road that lies ahead.

As you read about all that you have made possible in these pages, we invite you to celebrate these accomplishments with us. They would not be possible without you. Thank you for believing in our vision with us, thank you for desiring it sufficiently, thank you for creating it.

With immense gratitude,

Maile Zambuto
Chief Executive Officer

Michael King
Board Chair
The vision of the Joyful Heart Foundation is a community with no sexual assault, domestic violence and child abuse.

Our mission is to heal, educate and empower survivors of sexual assault, domestic violence and child abuse to shed light into the darkness that surrounds these issues.
Joyful Heart’s Healing & Wellness programs are designed to provide survivors and those who care for them with improved access to healing techniques and wellness practices that are holistic—addressing the physical, emotional, mental and spiritual effects of their experiences, all in the nurturing environment of community. Our approach is grounded in possibility; we seek to elevate the goal of healing from one of survival to a life thriving with possibility and joy.

The goal of Joyful Heart’s Education & Awareness programs is to change the way society thinks about, talks about and responds to sexual assault, domestic violence and child abuse. Simply put, we seek to turn up the volume on these issues. We do this through public education, large-scale awareness campaigns, through film, by influencing storylines on television, collaborating on public-private partnerships and by publishing a print and digital magazine, Reunion. The Joyful Heart Foundation is deeply proud to be a part of NO MORE, a transformative initiative to unite survivors, bystanders, advocates, companies, legislators and the public around the simple message that together we can end domestic violence and sexual assault.

Through our Policy & Advocacy programs, Joyful Heart seeks healing and justice for survivors of violence and abuse. We work in partnership with federal, state and local government, non-profit organizations, law enforcement, advocates and survivors to bring attention, funding and reforms to improve criminal justice responses to sexual assault, domestic violence and child abuse. The cornerstone of our Policy & Advocacy work is our effort to end the backlog of hundreds of thousands of untested rape kits across the country.
Our Healing & Wellness programs are designed to provide survivors and those who care for them with improved access to healing techniques and wellness practices that are holistic—addressing the physical, emotional, mental and spiritual effects of their experiences, all in the nurturing environment of community. Our Healing & Wellness programs are not a first response or crisis intervention, but a next response—a way to help those who are on their healing journeys thrive and reclaim joy.

Serving Our Survivor Community

We know that survivors of sexual assault, domestic violence and child abuse have encountered some of the worst that life can bear, and Joyful Heart’s Healing & Wellness programming is designed to reintroduce some of the best life has to offer: safety, compassion, connection, community and possibility.

We recognize that this approach to healing is a unique—yet needed—response to trauma. Through our evaluation efforts, we have found that these programs have lasting and transformative effects on the survivors directly served by them. Research shows that they have helped to:

- “Jump-start” healing
- Break isolation
- Inspire healing and a (re)connection to spirituality
- Create an opportunity for survivors to “come home” to themselves

Under the leadership of our National Advisory Committee, a group of 20 preeminent leaders in the fields of trauma-informed care and holistic healing, Joyful Heart is working to make our retreat model of healing available to the field so it can be shared and replicated by organizations far beyond Joyful Heart’s reach. Our goal is to not only ensure that each survivor who reaches out to us is met with a clear path to the holistic resources they need, but to transform, support and enhance the way the field responds to and

“Healing & Wellness

Now, I can just look in the mirror and see myself for who I really am; that I am a whole person; that I am complete.” —PROGRAM PARTICIPANT
Heal the Healers

When trauma occurs, it is as if a pebble has been tossed into a pond: ripples of the event are felt far beyond the original point of impact. Violence touches all the people and systems that come in direct contact with survivors, as well as those who play a role in managing the community response to trauma. All too often, healing professionals pay a profound cost in their lives in an effort to meet a demanding need, a cost that we at Joyful Heart believe is too high. One study found that 70 percent of domestic violence advocates met criteria for clinical levels of post-traumatic stress disorder.

Heal the Healers programs educate participants on the signs and effects of vicarious trauma and offer healing professionals concrete tools to develop practices of self-care and sustainability, bringing greater awareness to this issue and creating a systemic shift in the way the field cares for survivors and themselves.

This year, we led wellness workshops and provided education on vicarious trauma at conferences from coast-to-coast. We held in-office wellness sessions in Los Angeles and New York City, provided a Transforming Trauma Day in New York City and collaborated with the Trauma Stewardship Institute to offer training on trauma exposure response for the National Domestic Violence Hotline. In Hawai‘i, we conducted a Heal the Healers session for eight organizations from the Kukui Children’s Center, closing our year with a session for staff from Family Advocacy Programs for all branches of the U.S. military based on O‘ahu. In total, we reached over 2,000 staff members from over 155 organizations across the country.

“We are not only witnessing a dynamic change in the way trauma work is done, we are being part of that change toward a new, more holistic and effective way to treat trauma.” —MARY ANN DUTTON, PH.D.
Responding to an Urgent Need in Newtown

While our initial image of domestic violence is a man harming his wife or girlfriend, in reality, domestic violence takes on many forms, from men harmed by their intimate partners to adult children battering their mothers. And the impact extends far beyond the family struggling with these issues to the very fabric of the communities we live in. Nothing illustrates this more than the tragedy in Newtown, Connecticut. While many have focused understandably on the issue of gun control, those of us working diligently in the field of family violence can’t help but also think deeply about what complex series of events may have contributed to this family coming to such a heightened tipping point.

Following the devastating shooting, we responded to the Newtown community by sending clinicians to provide mental health services and practitioners to provide wellness services to survivors and first responders struggling in the aftermath.

As a proud partner of the Sandy Hook Healing Project, founded by Heather Gunn-Rivera, who was born and raised in Newtown and whose mother is the long-time art teacher at Sandy Hook Elementary School, we created a sanctuary where members of the school and community could come together and receive holistic healing and counseling services at no cost. In the project’s nine days of operation, over 300 parents, teachers, children and first responders received various services, including massage therapy, Reiki treatments and clinical support.

“What you did most beautifully was listen, and then respond... You gave what I asked for and everything I didn’t even know I needed.”

—HEATHER GUNN-RIVERA, FOUNDER, SANDY HOOK HEALING PROJECT
EDUCATION & AWARENESS

So much of the reason survivors carry the weight of these crimes alone is because we as a society don’t talk about them, and because society all too often blames victims—leaving them to carry the weight of shame and stigma—and makes excuses for the perpetrators. And the perpetrators of these crimes rely on this response—they depend on us to look the other way. If we talked about sexual assault, domestic violence and child abuse more—and placed the blame on the perpetrators where it belongs—it’s likely that more survivors would come forward and that we, collectively, would meet them with the support and resources to help them heal more fully.

The goal of Joyful Heart’s Education & Awareness programs is to change the way society thinks about, talks about and responds to sexual assault, domestic violence and child abuse. Simply put, we seek to turn up the volume on these issues. We do this through public education, large-scale awareness campaigns, through film, by influencing storylines on television, collaborating on public-private partnerships and by publishing Reunion, a print and digital magazine.

“When you buy a plant, it comes with instructions: Requires watering daily. Thrives in sunlight. If domestic violence, sexual assault and child abuse came with a label on how to make them grow, it would say: Require darkness. Thrive in fear, shame and isolation.” —MARISKA HARGITAY
What we saw, brave and strong and authentic person after person, was people standing up for each other, for the people they love, for their partners, wives, husbands, children, friends, mothers and fathers, for people they’ve never met, for themselves.” —MARISKA HARGITAY
Domestic violence and sexual assault are preventable. It's time we all speak out to end the violence.

No more excuses.
No more silence.
No more violence.

www.nomore.org

There is never an excuse for domestic violence or sexual assault. It's time we all speak out to stop the violence.

No more excuses.
No more silence.
No more violence.

www.nomore.org

Domestic violence and sexual assault are everyone's issue. It's time we all speak out to stop the violence.

No more excuses.
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www.nomore.org
We have furthered our collaboration with the Hawai‘i Children’s Trust Fund on the One Strong ‘Ohana child abuse prevention campaign—on which we continue to serve as the exclusive non-profit partner. Through One Strong ‘Ohana, we have also co-sponsored activities to raise awareness, such as participating in Children and Youth Day, where we reached out to over 16,000 attendees.

This year, thanks to over $260,000 in donated airtime from Hawaii News Now, the One Strong ‘Ohana public service announcements aired 2,614 times throughout the state—a 92% increase in reach from last year.

We have also been busy shedding light on our issues through other Hawai‘i community activities, connecting with more than 700 individuals through events in honor of Domestic Violence Awareness Month, Child Abuse Prevention Month and collaborations with student groups at the University of Hawai‘i.

**Influencing Storylines**

Joyful Heart is uniquely positioned to raise awareness about sexual assault, domestic violence and child abuse on a national and highly public stage. By influencing and informing storylines on television, we seek to share information, dispel myths, responsibly and accurately reflect the voices and experiences of our survivor community and galvanize change. This year, we held two workshops with the writers of *Law & Order: Special Victims Unit*. One workshop focused on how trauma is experienced by survivors and how it lives on in the mind, body and spirit, as well as how various systems respond to survivors. The next workshop focused on how men are affected by these issues—as survivors, witnesses and bystanders to violence and as perpetrators. As a result of these workshops and deep consultation with experts on our staff, Joyful Heart helped bring clinical and issue expertise to three episodes of *Law & Order: Special Victims Unit*, addressing topics that included male childhood sexual abuse, tonic immobility and teen dating violence. Collectively, these episodes reached nearly 17 million viewers.

“There are many simple things you can do to help prevent child abuse and neglect.”

—RICK BLANGIARDI  
GENERAL MANAGER, HAWAII NEWS NOW
Through our Engaging Men initiatives, we are helping create a national dialogue about how men can get involved to address, prevent and help end violence and abuse.

This year, we were proud to partner on Your Voice Counts, a campaign from the Verizon Foundation in partnership with Joyful Heart, A CALL TO MEN, sportscaster James Brown and Mariska Hargitay that gives men tools to join the conversation about domestic violence. Through social media efforts, more than 22 million impressions about it have been generated.

This spring, together with our partners at A CALL TO MEN, we held a program at Collegiate High School in New York City to educate young men on how to be part of the movement to end violence. Ted Bunch, co-founder of A CALL TO MEN, facilitated a workshop on the ways male role models, the media and peers play a part in creating a culture of violence towards women and girls, sharing NO MORE and Your Voice Counts as resources to get information and get involved in efforts to end violence.

We’re also working to increase awareness of and access to resources for men and boys who are survivors of violence. We have continued to partner with 1in6 to distribute more than 42,750 pieces of informational material to individuals, agencies and college campuses throughout the country. We’ve also partnered with 1in6 on the BlueString campaign, which asks guitarists to spread our message of hope and healing by stringing a blue low E string on their guitars.

“Through our partnership with Joyful Heart, we are promoting a more loving and respectful understanding of manhood which, in turn, will prevent violence.”

—TED BUNCH, CO-FOUNDER, A CALL TO MEN

Our Online Community

Each year, hundreds of thousands of individuals from around the world visit our website and access life-saving information and resources that support resiliency and wellness, encourage increased discussion and awareness of our issues, reduce isolation and promote improved policies and access to justice for survivors. Last year alone, we served over 600,000 visitors to our site with over 1.6 million pageviews to our content. On social media, our reach continues to grow—our community is now over 125,000 strong. Our online community is at the core of who we are and what we hope to build—a community filled with light, support, hope and possibility.

This year, Joyful Heart relaunched our website, www.joyfulheartfoundation.org, featuring a brand new design, social media integration throughout and tools to share content with our community more regularly through the new Reunion Online. We also relaunched www.endthebacklog.org, the first and only website dedicated to shining a light on the national rape kit backlog and ending it for good.
In 2008, the City of Detroit shut down its police crime lab after an audit found significant errors in the evaluation of evidence. Following the closure, in 2009, the Wayne County Prosecutor’s Office discovered 11,304 untreated rape kits sitting in a Detroit Police Department storage facility. The rape kit backlog in Detroit represents one of the largest known backlogs in a city in the United States.

Since then, Detroit has begun eliminating its backlog with a deeply committed team of community partners including prosecutors, members of law enforcement, researchers, city officials and advocates. In our capacity as a partner, Joyful Heart provides a national perspective on the rape kit backlog, leverages media and high-profile advocates to bring attention to the backlog and offers guidance to ensure that reforms remain survivor-centered.

For two years, the team has worked to analyze the causes of Detroit’s rape kit backlog and implement a plan to end it through an action research grant awarded by the National Institute of Justice. Despite significant challenges in securing funding in a dire economic climate, funds have come from various sources toward ending Detroit’s backlog, including $4 million from the State of Michigan and $50,000 in private donations. As of the most recent count, 917 kits have been tested, resulting in 238 hits in the national DNA databank and the identification of 46 potential serial rapists. DNA from the kits tested so far has linked to crimes committed in 12 other states and the District of Columbia.

Most importantly, rape victims can feel that ‘now, when I go to the police—now, when I go and have a rape kit done—I’m not going to be swept aside. I won’t get slow justice. My case, and my life, are important.’”

— KYM WORTHY, WAYNE COUNTY PROSECUTOR

Rape Kit Reform in Detroit
As part of our efforts to end the backlog with reforms that are just, compassionate and survivor-centered, Joyful Heart is conducting critical research for a report on victim notification, the process of notifying a survivor of the status of her rape kit. Through 88 interviews with advocates, members of law enforcement, prosecutors, researchers, crime lab analysts, policymakers and survivors from more than 30 jurisdictions throughout the United States, our preliminary findings reveal that:

- Few jurisdictions have official policies or protocols for notifying survivors that their kits were part of a backlog.
- Members of law enforcement tasked with notification often lacked guidance, which created a sense of isolation and resulted in piecemeal and ad hoc notification practices.
- Current notification procedures vary most in terms of when, if at all, notifications are delivered, who delivers them and how.

Through our interviews, we have consistently heard about the great need for research on what information, support and services survivors need and want during the notification process. To date, these questions have not been studied in the context of a survivor focus group that also incorporates healing and wellness activities.

To ensure that their voices and perspectives are at the center of our reform efforts, Joyful Heart is conducting focus group sessions in Los Angeles with survivors whose rape kits were part of the backlog there. An external evaluator, Dr. Courtney Ahrens from California State University, Long Beach, is developing, facilitating and documenting the outcomes of these focus groups.

Ultimately, the report that Joyful Heart plans to publish will capture—for the first time—the wide diversity of perspectives on notification. From the individuals conducting notifications to the survivors receiving them, the voices represented in this report will provide a critical resource to jurisdictions across the country grappling with their backlogs and how to re-engage survivors.

"I have visions of my kit sitting on a shelf, of those police officers tearing up my report.”

—SURVIVOR WHO NEVER RECEIVED INFORMATION ABOUT HER RAPE KIT

Victim Notification

Reauthorizing the Violence Against Women Act

Because of the efforts of a coalition of 300 advocacy groups and service providers, including Joyful Heart, and supporters like you, Congress reauthorized the Violence Against Women Act (VAWA) on February 28, 2013.

Since its enactment 18 years ago, VAWA has saved countless lives, protected families, given a voice to survivors and provided invaluable training to the criminal justice community. VAWA is both a symbol and actualization of what it means to create healing and justice for survivors, their families and their communities. Today, Joyful Heart continues to call on elected officials to ensure state and local programs have the funding they need to provide survivors shelter, healing and the tools they need to live free from violence and fear.
Joyful Heart presents Heal the Healers wellness workshops for over 200 attendees at the Hawaii State Coalition Against Domestic Violence Conference.

Joyful Heart hosts the first-ever reunion of past participants of Namelehuapono Wahine.

Joyful Heart holds an educational forum for the writers of Law and Order: SVU, offering information on survivor perspectives and experiences. Our trainings and consultation resulted in trauma-informed and issue-accurate episodes reaching over 17 million viewers.

Joyful Heart sponsors Heal the Healers wellness workshops for nearly 30 NYC-based organizations attend Joyful Heart’s Transforming Trauma Day, which includes an educational workshop on trauma exposure response and various wellness workshops, including yoga, music therapy and aromatherapy.

Joyful Heart trains 40 members of Detroit’s law enforcement on re-engaging survivors whose rape kits have been part of a backlog with a trauma-informed perspective, delivering concrete tools and strategies to professionals for the victim notification process.

Joyful Heart provides a training to nearly 150 attendees of New York Women in Law Enforcement’s Annual Training Conference on secondary and vicarious trauma and self-care strategies.

Joyful Heart leads a movement and mindfulness workshop at the Children Institute, Inc.’s Vicarious Trauma Conference in Los Angeles for the second year in a row, distributing issue No. 2 of Reunion to over 300 conference attendees.

Joyful Heart partners with the Sandy Hook Healing Project to create a sanctuary where members of the school and surrounding community can come together to receive holistic healing and counseling services at no cost. In nine days of operation, over 300 parents, teachers, children and first responders are served.

Joyful Heart presents our first gala in Hawai‘i, the Joyful Mele, honoring our birthplace and celebrating our community in Hawai‘i and beyond.

Joyful Heart sponsors the Domestic Violence Vigil in honor of Domestic Violence Awareness Month on O‘ahu with over 100 attendees.

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Joyful Heart is honored by the New York City Administration for Children’s Services for our work to protect children and strengthen families.

Joyful Heart sponsors a wellness session for domestic violence survivors and their children in Hawai’i.

Our second NO MORE PSA campaign shoot takes place at Milk Studios in Los Angeles with 20 celebrities and advocates.

Joyful Heart begins an ongoing partnership with the Los Angeles County Department of Mental Health on its Service Area 2 Vicarious Trauma Project, a ground-breaking initiative to address vicarious trauma and support professionals so that they can do their important work in a healthy and sustainable way.

Joyful Heart partners with five members of the NO MORE Steering Committee for NO MORE Week, during which service providers from across the county receive training and information for how to use the NO MORE symbol and tools.

Joyful Heart initiates a pilot training program for the Namelehuapono program.

Joyful Heart hosts a meeting of over 30 community providers in Hawai’i to invite their partnership on survivor programming such as Namelehuapono Wahine.

At the 2013 National Sexual Assault Conference, Joyful Heart presents initial findings from our victim notification research and raises awareness about secondary and vicarious trauma, curating the conference’s Wellness Room as a sanctuary for attendees.

Youth survivors attend a Wellness Day on O’ahu, learning about trauma and the body, healing modalities like yoga and creative expression through music and poetry.

Joyful Heart launches the NO MORE symbol to shining a light on the national rape kit backlog and ending it for good.

Joyful Heart co-sponsors the annual Hawaii State Coalition Against Domestic Violence Conference, providing wellness workshops for 240 participants who experience yoga, art, aromatherapy, acupressure, sound healing and meditation as vehicles for managing vicarious trauma.

After many months of advocacy by a coalition of service providers and non-profit organizations, including Joyful Heart, U.S. Congress reauthorizes the Violence Against Women Act.

Joyful Heart provides scholarships for over 60 staff from the National Domestic Violence Hotline and Love Is Respect Helpline to attend a day-long training on trauma exposure response.

Joyful Heart joins partners in Washington, D.C. for the public launch of NO MORE, the nation’s first unifying awareness symbol to end domestic violence and sexual assault.

More than 25 celebrities, advocates and public figures join us for the first of two shoots for the NO MORE PSA campaign in New York City. The shoots mark Mariska’s directorial debut.

Joyful Heart and hundreds of supporters gather to celebrate at our sixth annual gala in NYC, “YES, RISK, JOY.”

Joyful Heart facilitates a workshop on vicarious trauma for staff from NYC Administration for Children’s Services.

A CALL TO MEN and Joyful Heart partner on a program at Collegiate High School in New York City to educate young men on how to be part of the movement to end violence.

Staff members conduct a training with the Hawaii News Now editorial leadership on how to report on the issues of sexual assault, domestic violence and child abuse and neglect.

Members of Joyful Heart’s National Advisory Committee and our Georgetown University research team gather in-person in Hawai’i to inform the adaptation of our survivor retreat model into a replicable, evidence-informed healing modality.

Joyful Heart launches a targeted media strategy to draw attention to the rape kit backlog, publishing op-eds in key media outlets in states where crimes were linked to DNA hits in Detroit.

Joyful Heart hosts a Heal the Healers session for staff of Family Advocacy Programs from all military bases on O’ahu.

Our new website, www.joyfulheartfoundation.org, launches to the public.

Joyful Heart, in partnership with the NO MORE Steering Committee, releases the NO MORE PSA campaign, marking the beginning of a three-year campaign to engage bystanders to say NO MORE to domestic violence and sexual assault.

Joyful Heart partners with the Los Angeles County department of Children’s Services.

Joyful Heart joins with NYC administration for a directed editorial leadership for our work to protect children and strengthen families.

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## By the Numbers

<table>
<thead>
<tr>
<th>Since Our Inception</th>
<th>Healing &amp; Wellness</th>
<th>Education &amp; Awareness</th>
</tr>
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<tbody>
<tr>
<td>$14 million raised to heal, educate and empower</td>
<td>2,000 healers directly served from over 155 organizations</td>
<td>$2.6 million in donated equipment, space and time to produce</td>
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<tr>
<td>13,500 survivors and healers directly served through our transformative programs</td>
<td>250 survivors directly served</td>
<td>5 powerful video PSAs featuring 40 celebrities and public figures, already seen by</td>
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<td>1.7 million visitors who have connected with us online to obtain information and life-saving help</td>
<td>300 individuals served in the aftermath of the shooting in Newtown</td>
<td>333 million people online, in print and on TV</td>
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<td>5.9 million page views to our website</td>
<td>20 experts in the field of trauma response and holistic healing advising our programs with</td>
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<tr>
<td>125,000 members of our social media community</td>
<td>POLICY &amp; ADVOCACY</td>
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<td>917 rape kits tested from Detroit’s backlog, leading to the discovery of</td>
<td>2 new user-friendly and visually engaging websites</td>
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<tr>
<td>46 serial rapists and linking to crimes committed in 12 additional states and the District of Columbia</td>
<td>42,750 pieces of informational material distributed in partnership with 1in6</td>
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<tr>
<td>88 expert interviews conducted for our ground-breaking report on victim notification</td>
<td>600,000 visitors to our website with over 1.6 million impressions to our pages</td>
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<tr>
<td>4 states—Illinois, Texas, Colorado and Ohio—now implementing comprehensive rape kit reforms</td>
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Looking Forward

At the Joyful Heart Foundation, we are committed to doing everything we can to support survivors on their healing journeys. And we rejoice in the process of seeing lives transformed.

We stand together at a crossroads, looking out at some of the toughest, most complicated issues of our time—or all time—while believing to our very core that we will end this violence. And you are right there with us. By turning towards these issues as a community, by challenging ourselves to do what is difficult in search of what is possible, we will bring about a day when sexual assault, domestic violence and child abuse are NO MORE.

Our future is bright. We look forward to another year of supporting survivors and the professionals who care for them, changing attitudes, ushering in a better response to survivors, and engaging in policy-making and advocacy to ensure that our systems support survivors and bring more opportunities for healing and justice.

Our joyful work is only possible—and our community only complete—with your support. Thank you for believing in it, for desiring it sufficiently, for creating it.
The mission of the Joyful Heart Foundation is to heal, educate and empower survivors of sexual assault, domestic violence and child abuse, and to shed light into the darkness that surrounds these issues. www.joyfulheartfoundation.org